

2023/2024
2nd Edition

Call for submission
of the applications

Opening: 2024-04-01

Deadline: 2024-04-30

Register [here](#)

Blended Intensive Programme in Geriatrics (BIP)

11th Jun – 19th Jul · 2024

Goals

The course aims to provide a multidisciplinary approach to the knowledge and skills necessary for good Geriatrics practice, taught by professionals from various areas of health. This course aims to raise awareness of preventing the most frequent diseases in this age group, their screening or early recognition and appropriate treatment.

4,5 ECTS

Fees

Free Course (The fee for a Certificate of Completion is 5 Euros)



Consortium

Faculty of Medicine of
the University of Porto
PORTUGAL

– Coordinator

Semmelweis University
BUDAPEST, HUNGARY

– Partner

Salamanca University
SPAIN

– Partner

Collaboration

Eötvös Loránd University
BUDAPEST, HUNGARY

Team and area of teaching

Coordination

Team from the Faculty of Medicine
of the University of Porto
PORTUGAL

Francisco Cruz | COORDINATOR

Lia Fernandes | GERIATRIC DEPRESSION

Pedro von Hafe | MAJOR GERIATRIC SYNDROMES

Francisco Cruz | URINARY TRACT DISEASES

Carlos Vaz | MUSCULOSKELETAL AGEING

Margarida Barbosa | PAIN IN THE OLDER PEOPLE

Semmelweis University, HUNGARY

Pál Riba | GERONTOPHARMACOLOGY

Salamanca University, SPAIN

Manuel A. Franco-Martin | DEMENTIA IN ELDERLY PEOPLE

Eötvös Loránd University, HUNGARY

Tibor Vellai | BIOLOGY OF AGEING

Calendar

11th of June to
the 19th of July 2024
6 weeks

Format

Erasmus + Blended Intensive
Programme (BIP)

3,5 weeks of online seminars
1,5 weeks of online mentoring
1 week face-to-face in
the Faculty of Medicine
of the University of Porto

Participants

Final years medical students
(5th and 6th years)
Recent Graduates in Medicine
Maximum of 25 participants



Blended Intensive Programme in Geriatrics (BIP)

Full Schedule 2024

June				
10	Monday			
11	Tuesday	18h00 - 19h00 CET	Presentation of the Course Organization and Evaluation	Francisco Cruz (Coord.)
12	Wednesday	17h00 - 20h00 CET	Biology of Aging	Tibor Vellai
13	Thursday			
14	Friday	17h00 - 19h30 CET	Gerontopharmacology	Pál Riba
15	Saturday			
16	Sunday			
17	Monday			
18	Tuesday	17h00 - 20h00 CET	Dementia in elderly people	Manuel Franco-Martin
19	Wednesday			
20	Thursday	17h00 - 19h30 CET	Geriatric Depression	Lia Fernandes
21	Friday			
22	Saturday			
23	Sunday			
24	Monday			
25	Tuesday	17h00 - 19h30 CET	Major geriatric syndromes	Pedro von Hafe
26	Wednesday			
27	Thursday	17h00 - 19h30 CET	Major geriatric urinary tract diseases	Francisco Cruz
28	Friday			
29	Saturday			
30	Sunday			
July				
1	Monday	17h00 - 19h30 CET	Musculoskeletal ageing	Carlos Vaz
2	Tuesday			
3	Wednesday	17h00 - 19h30 CET	Pain in older people	Margarida Barbosa
4	Thursday		Mentoring	
5	Friday		Mentoring	
6	Saturday			
7	Sunday			
8	Monday			
9	Tuesday			
10	Wednesday		Mentoring	
11	Thursday			
12	Friday			
13	Saturday			
14	Sunday			
15	Monday	09h30 - 13h30 GMT 13h45 GMT	Face-to-face sessions Lunch	
16	Tuesday	09h30 - 13h30 GMT 13h45 GMT	Face-to-face sessions Lunch	
17	Wednesday	09h30 - 13h30 GMT 13h45 GMT	Face-to-face sessions Lunch	
18	Thursday	09h30 - 13h30 GMT 13h45 GMT	Face-to-face sessions Lunch	
19	Friday	09h30 - 13h30 GMT 13h45 GMT	Face-to-face sessions Lunch	
20	Saturday			
21	Sunday			
22	Monday			

CET/Central European Time | GMT/Greenwich Mean Time

Mentoring: 30 minutes per session. Students must choose a seminar area to develop the final written work for assessment. If requesting support from the professor in the chosen area of the final work, they must first register to ask for a mentoring time to be booked throughout the 4th-12th of July of 2024 | **Face-to-face sessions:** presentation of each student's final work and discussion/evaluation.

BLENDED INTENSIVE PROGRAMME IN GERIATRICS
11th June – 19th July 2024

Online course from the 11th June - 3rd July 2024
Presential week: 15th July - 19th July. 2024
(at the Faculty of Medicine of the University of Porto, Portugal)

More information

Applications are made on the University of Porto's digital platform for the presential week in Porto, 15th July - 19th July. 2024, to the Erasmus+ mobility, choosing "Mobility Programme: Erasmus+ Blended Intensive Programme (BIP)."

Candidates must upload a **Declaration** from the International Relations Office of their Home institution (faculty/university) stating that the candidate is available for Erasmus+ BIP funding.
After the 30th of April 2024, candidates will be assessed and will receive notification of their acceptance, substitute condition, or refusal.

By applying to Porto, candidates will also ask for Erasmus+ short-term mobility BIP funding in their home institution **for the week of the 15th to the 19th of July 2024**
(Please remember to travel one day in advance and after)

Opening of the Call for Submission of the Applications: 2024-04-01
Deadline for submitting applications: 2024-04-30

Uploads at the application moment:

Please note that **you must upload the following documents** (all of them together **in one single PDF**):

- Photo
- Citizen Card
- Course (proof of the degree / Transcript of Records of the obtained degree) **OR**
- Current studies (Transcript of Records of the course' academic years until 31st December 2023)
- DECLARATION from your International Office of your Home faculty/university certifying you are eligible for Erasmus+ BIP funding

Schedule/Program:

3,5 weeks of online seminars – after 17h CET

1,5 weeks of online mentoring (previously booked, arranged with the online supporting team and the seminar's professors)

1 week face-to-face in the Faculty of Medicine of the University of Porto

There is no fixed number of seminars to attend, yet it is expected for the student participant to follow all the seminars.

Further information Contacts

Academic Mobility Office of the Faculty of Medicine of the University of Porto

Alameda Professor Hernâni Monteiro, s/n

4200-319

Porto, Portugal

Email:

internationalcoop@med.up.pt

mobilidade@med.up.pt

Phone: +351 220 426 599

Mondays, Wednesdays and Fridays, 10h-12.30h GMT

Paula Guilhermina Fernandes

Vânia Fonseca

Placements: 25

Blended Intensive Programme (BIP) in Geriatrics

- **Funding:**

This is a **Blended Intensive Programme/BIP**, a new short intensive course funded by Erasmus+. Funding comes from the participant applying for the Erasmus+ BIP mobility grant at home institution: 70 Euros per day for the face-to-face five days in Porto (from the 15th to the 19th of July 2024) - 350 Euros. There will be four hours of seminars per day in the Faculty of Medicine of the University of Porto on those five presential days.

- **Participation:**

Free Course

(The fee for a Certificate of completion is 5 Euros, according to the Faculty of Medicine of the University of Porto/FMUP fee table at 02.03.2024)

The course's structure – **Program** – consists of 3,5 weeks of online seminars, 1,5 weeks of online mentoring, and one week of face-to-face seminars)

Evaluation with short written works prepared by the participants and presented at the face-to-face week.

4,5 ECTS

The certificate of completion's cost will be by the participants.

- **Flight tickets:**

The participants will pay their flight ticket costs.

- **Accommodation:**

Aware of the high touristic prices in Porto by the time of the face-to-face week, the organization has provisionally arranged a hotel near the Faculty.

The course's participants only have to take a bus (10 mins) or walk around 30-40 minutes.

From **14/07 – 20/07.2024** (Sunday to Saturday, six nights), we have managed:

Price per person per night, accommodation only:

In a double room - 32€

In a single room - 64€

Breakfast tax: 10€ per person/night

Tourist tax: 2€ per person/night

Example: per person, double room (two beds) = 32€+10€+2€ = 44€ per night

Total: 44€*6= 264€

The room price includes a buffet breakfast, Wi-Fi in all the hotel areas, and legal fees within the accommodation.

The accommodation cost will be by the participants.

Only after application and on enrollment are the participants allowed to book accommodation since this price and contract are guaranteed by the organization that negotiated it.

Participants may choose other accommodation solutions.

Payment conditions:

Up to 90 days before arrival - 20% deposit of the total expected charge

Up to 30 days before arrival - Deposit 60% of the total amount due

Up to 7 days before arrival - Deposit Remaining Amount

In the event of group cancellation, the 1st deposit is non-refundable.

REDUCTION AND TOTAL CANCELLATION POLICY

Reduction policy

Up to 90 days before group arrival: no charge

Between 89 days and 31 days before arrival: 20%

Between 30 days and 8 days before arrival: 50%

Less than 7 days before arrival: 100%

- **Eating:**

Lunch and dinner, possible, in the University of Porto canteens (there is one canteen in the FMUP)

Between 2,75 Euros + IVA (in the canteen) and 3,45 Euros (take-away) (IVA included) (according to the Social Action Services of the University of Porto fee table)

Several other (private) bars exist on the Faculty of Medicine premises.

The participants will bear lunch and dinner costs.

The organization will provide coffee breaks.